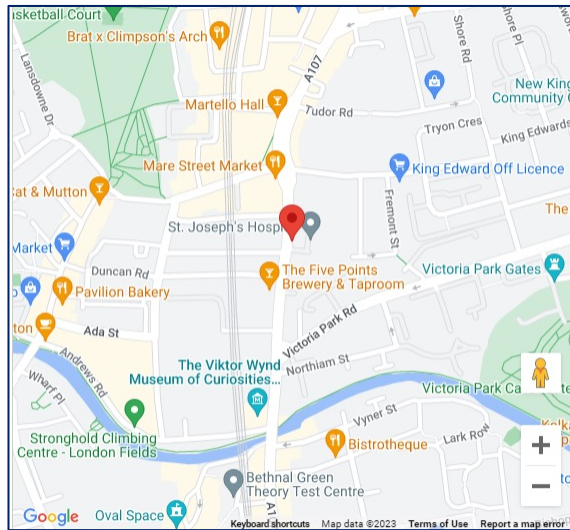




To find out about our services call  
**0300 30 30 400**



Or you can email  
**stjosephs.firstcontact@nhs.net**



**You can get the bus to the Hospice  
D6, 26, 55, 106, 254 or 388 bus**

St Joseph's Hospice, Mare Street, London E8 4SA  
**020 8525 6000 info@stjh.org.uk**  
**stjh.org.uk @stjohospice**  
**Advocacy Compassion Justice Quality Respect**  
Charity No. 1113125



**St Joseph's Hospice**  
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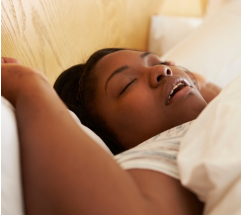


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**What happens in the last days of life?**



## Page 2



When someone is dying you will see some changes. These are normal so try not to worry.



They may not want to eat and drink and their breathing may be noisy or heavy.



They may want to sleep more and not want to talk. Remember this is normal.



Our doctors and nurses will look after you and your loved one and will answer any questions.

## Page 3



We have a Chaplaincy team you can talk to if you are religious or spiritual.



Everyone who is dying has a Care Plan and our nurses will check this often to make sure they are giving the right support.



Our nurses will try to tell you when they think your loved one may only have a few days to live.



We will be there for your loved one to care and support them until the very end.