



**St Joseph's
Hospice**
Serving East London
and the City

Volunteering

St Joseph's Hospice has a long tradition of volunteering, going back to 1905 when we first opened our doors. Today we have more than 40 different roles and around 600 volunteers, working in different areas of the Hospice and in the community.

Why volunteer?

Our volunteers come from a wide range of backgrounds and different age groups and there are many different reasons why they volunteer. They may want to give something back or to make a positive impact on their local community. Perhaps they are thinking about a career change and want to gain some experience. Whatever the reason for volunteering, we will help you find a role that will suit you among the many varied roles that we offer. From patient facing roles such as befriending on our wards, to roles such as volunteering in one of our busy shops or helping in our café. From supporting our fundraising teams with events to more specialised roles such as Complementary Therapists.

In the Community

A lot of our work is in our local communities and our volunteering opportunities are very varied from supporting local carers or dementia patients to providing basic exercise support to people in their homes or giving emotional support to the recently bereaved in Islington. We also offer a befriending service in Hackney and Tower Hamlets to those with a long-term condition or who are nearing the end of life.

All these roles come with full training and support.

Our volunteers are a vital cog in keeping the Hospice wheels turning and we are always looking for new people to join us.

Our volunteers give us a massive 50,000 hours of their time each year, and without them we couldn't do what we do.

If you are aged 17 you can volunteer at our jumble sales or in one of our shops. This is a great opportunity to gain work experience, learn new skills and improve social skills; all volunteering experience helps when it comes to applying for jobs, apprenticeships or higher education.

We provide expenses and a reference after six months volunteering.

We are currently looking for volunteers of all ages and skills so if you would like to join our fantastic team, please call 020 8525 6032 or email volunteering@stjh.org.uk to find out more.

Or check out our current opportunities on our website www.stjh.org.uk

Founded in 1905 by the Sisters of Charity, St Joseph's Hospice is one of the oldest and largest hospices in the UK, supporting a population of around 2.1 million people in our core boroughs of City and Hackney, Tower Hamlets, Newham and the surrounding areas.

We are dedicated to providing free of charge, high quality, specialist palliative care and support to people in our community nearing the end of their lives. We take a holistic approach to care, looking after the well-being of the whole person, as well as supporting their loved ones.

Our range of services includes:

- Inpatient care
- Palliative care at home
- Community and day services
- Therapies
- Counselling and advice

For 24 hour advice and support call First Contact on 0300 30 30 400.

St Joseph's Hospice is committed to celebrating and promoting diversity and inclusion. If English is not your first language, please let us know so that we can arrange an interpreter.

All of our leaflets are available in multiple languages on our website stjh.org.uk

Feedback helps us improve our services. While receiving our care, patients and family will be offered the opportunity to provide feedback. Or you can tell us how we are doing at iwantgreatcare.org

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Advocacy Compassion Justice Quality Respect

Charity No. 1113125



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