



**St Joseph's
Hospice**
Serving East London
and the City

Meals and Refreshments

We serve a wide range of tasty hot and cold food and drinks for patients, visitors and staff.

All of our food is freshly prepared daily by our team of in-house chefs. The Hospice has been awarded the highest rating – five stars – for food safety hygiene.

Five Sisters Café

The Five Sisters Cafe is open from 7.30am, serving a wide range of hot and cold breakfasts, and tea and coffee. Sandwiches, snacks, and hot and cold drinks, are available from the Cafe throughout the day. Daily hot lunch specials are served Monday to Friday.

Outside office hours, hot drinks and a selection of snacks are available 24/7 on a self-service basis, with payments accepted by debit or credit card.

On the wards

Each day, we bring the ward menu which lists all of the food and drinks available for the following day, allowing patients to select their preferred meals.

Breakfast is normally served at 8am and includes a selection of cereals, fruit salad, croissants and juices. Patients can order a cooked breakfast, such as eggs and bacon, if they prefer.

Lunch is served around 12.30pm and usually includes soup, a main course and a dessert.

Supper is served around 5.30pm.

Snacks such as cheese, biscuits and fruit can be requested from a member of the ward staff.

Our kitchen is open 8.30am – 5.30pm but for patients who prefer to stick to their own routine, ward staff will do their best to arrange this.

All patients' meals are provided free of charge.

Special dietary requirements

Patients with specific dietary requirements should talk to the nurse or ward manager as soon as possible and our Catering team will do their best to place special orders.

Founded in 1905 by the Sisters of Charity, St Joseph's Hospice is one of the oldest and largest hospices in the UK, supporting a population of around 2.1 million people in our core boroughs of City and Hackney, Tower Hamlets, Newham and the surrounding areas.

We are dedicated to providing free of charge, high quality, specialist palliative care and support to people in our community nearing the end of their lives. We take a holistic approach to care, looking after the well-being of the whole person, as well as supporting their loved ones.

Our range of services includes:

- Inpatient care
- Palliative care at home
- Community and day services
- Therapies
- Counselling and advice

For 24 hour advice and support call First Contact on 0300 30 30 400.

St Joseph's Hospice is committed to celebrating and promoting diversity and inclusion. If English is not your first language, please let us know so that we can arrange an interpreter.

All of our leaflets are available in multiple languages on our website stjh.org.uk

Feedback helps us improve our services. While receiving our care, patients and family will be offered the opportunity to provide feedback. Or you can tell us how we are doing at iwantgreatcare.org

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Advocacy Compassion Justice Quality Respect

Charity No. 1113125



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