



**St Joseph's
Hospice**
Serving East London
and the City

Compassionate Neighbours

Compassionate Neighbours is a free, volunteer led service provided by St Joseph's Hospice. It is one of five volunteer led services that provide support to people living in Hackney and Tower Hamlets. Compassionate Neighbours are trained by the Hospice and go on to be matched with someone from their local community who is isolated or nearing the end of life through old age or illness.

Compassionate Neighbours support people in Hackney and Tower Hamlets who are living with a chronic life-limiting illness and those that are feeling isolated from their local community. They provide emotional and social support and develop natural and mutual friendships.

Compassionate Neighbours are valued by those who are involved in the project and we welcome anyone that can support us in any way. One of our Compassionate Neighbours recently told us "Compassionate Neighbour's changes people's lives/ Long may the project continue to grow, its roots dig deep and become the lifeline it is for all. You cannot put monetary value on this project... it is priceless".

You can be matched to one of our Compassionate Neighbours on a one to one basis or attend one of our social hubs in the community. Your Compassionate Neighbour will:

- Visit/meet with you at least one hour per week
- Offer you a listening ear
- Support you to stay connected to your local community, family and friends
- Arrange telephone/video call support if this is what you would like

All our Compassionate Neighbours have been checked by the Disclosure and Barring Service (DBS). We ask for two character referees so that we can reassure you our volunteers are vetted. We support our Compassionate Neighbours to develop a sense of community by attending regular monthly development and training sessions to ensure we offer a positive volunteering experience.

How can I be supported by a Compassionate Neighbour or find out more about it all?

You can refer yourself to either have a Compassionate Neighbour or explore how to become one.

Any healthcare provider, carer or family member can refer someone they know.

For more information about Compassionate Neighbours or to speak to one of the team call 020 8525 6000 or email cn@stjh.org.uk.

Founded in 1905 by the Sisters of Charity, St Joseph's Hospice is one of the oldest and largest hospices in the UK, supporting a population of around 2.1 million people in our core boroughs of City and Hackney, Tower Hamlets, Newham and the surrounding areas.

We are dedicated to providing free of charge, high quality, specialist palliative care and support to people in our community nearing the end of their lives. We take a holistic approach to care, looking after the well-being of the whole person, as well as supporting their loved ones.

Our range of services includes:

- Inpatient care
- Palliative care at home
- Community and day services
- Therapies
- Counselling and advice

For 24 hour advice and support call First Contact on 0300 30 30 400.

St Joseph's Hospice is committed to celebrating and promoting diversity and inclusion. If English is not your first language, please let us know so that we can arrange an interpreter.

All of our leaflets are available in multiple languages on our website stjh.org.uk

Feedback helps us improve our services. While receiving our care, patients and family will be offered the opportunity to provide feedback. Or you can tell us how we are doing at iwantgreatcare.org

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Advocacy Compassion Justice Quality Respect

Charity No. 1113125



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