



St Joseph's Hospice

Jump Start 2021

Jump Start 2021 by helping us raise £21,000 to purchase two new vehicles.

Start 2021 as you mean to go on by setting yourself a challenge using the number '21'.

Whether you kick a habit or try something new, every penny counts towards getting our community team back on the road!



Try giving up using your car for 21 days and dust off your bicycle, or challenge yourself to cycle 21 miles in a month.



Are you the artsy type? Give yourself 21 days to learn a new craft, or create 21 things in a month.



If you're a whizz in the kitchen, commit to trying 21 new recipes, or host a virtual baking class to make a batch of 21 tasty treats!



Get active with Jump Start 2021, and challenge yourself to a 21 day squat or step challenge, or run 21 laps around your garden!



Got a vice like coffee, sugar, or smoking? Get sponsored to go without for 21 days and see how you feel afterwards!



Thought up your own idea? Excellent! Get started with your fundraising right away by creating an online fundraising page.

Need more help? Drop our friendly fundraising team a line on fundraising@stjh.org.uk or call **020 8525 3200**.