



St Joseph's
Hospice

Volunteering

St Joseph's Hospice has a long tradition of volunteering, going back to 1905 when we first opened our doors. Today we have more than 40 different roles and around 600 volunteers, working in different areas of the Hospice and in the community.

Why volunteer?

People volunteer for many different reasons; to make a positive impact in their local community, to meet new people, they have a bit of time on their hands or they are thinking about a career change and want to gain some experience.

Whatever your reasons, we will find a role to suit you. There are many to choose from at St Joseph's Hospice. If you are interested in catering our Five Sisters Café could be the role for you or how about front of house, greeting people at reception. If your passion is retail then grab a few shifts in our shop, it's just over the road. Or you could go out and shake a bucket, it's up to you.

Volunteering in the community

We also do a lot of our work in the community and our Compassionate Neighbours programme is a popular choice for volunteers who wish to give their time to those who are perhaps socially isolated and nearing the end of life. We will train you and match you with someone who has similar interests and lives near you.

We offer counselling placements in our Bereavement Services in Hackney and Haringey or you could provide emotional support to people by joining our Islington Bereavement service. All these roles come with full training and support from volunteer leads.

Our volunteers are a vital cog in keeping the Hospice wheels turning and we are always looking for new people to join us. Our volunteers give us a massive 50,000 hours of their time each year, and without them, we couldn't do what we do.

If you are aged between 16-17 you can volunteer at our jumble sales or in one of our shops. This is a great opportunity to gain work experience, learn new skills and improve social skills; all volunteering experience helps when it comes to applying for jobs, apprenticeships or higher education.

We provide expenses and a reference after six months volunteering.

Don't worry if you're not sure at first as full training and support is given.

We are currently looking for volunteers of all ages and skills so if you would like to join our fantastic team, please call 020 8525 6032 or email volunteering@stjh.org.uk to find out more. Or check out our current opportunities on our website stjh.org.uk.

Founded in 1905 by the Sisters of Charity, St Joseph's Hospice is one of the oldest and largest hospices in the UK, supporting a population of around 2.1 million people in our core boroughs of City and Hackney, Tower Hamlets, Newham and the surrounding areas.

We are dedicated to providing free of charge, high quality, specialist palliative care and support to people in our community nearing the end of their lives. We take a holistic approach to care, looking after the well-being of the whole person, as well as supporting their loved ones.

Our range of services includes:

- Inpatient care
- Palliative care at home
- Community and day services
- Therapies
- Counselling and advice

For 24 hour advice and support call First Contact on 0300 30 30 400.

St Joseph's Hospice is committed to celebrating and promoting diversity and inclusion. If English is not your first language, please let us know so that we can arrange an interpreter.

All of our leaflets are available in multiple languages on our website stjh.org.uk

**St Joseph's Hospice
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Tell us how we are doing - leave your feedback at iwantgreatcare.org