Bereavement support for adults

The Newham Bereavement Service offers support for adults living in Newham and/or registered with a GP in Newham. The service is for people who have experienced the death of a family member, relative or another important person in their life. Run by St Joseph’s Hospice and a team of trained volunteers, this service can offer practical, social and emotional bereavement support.

Our volunteers are able to provide:
- companionship and a listening ear
- emotional support
- company to go to medical appointments, the library, or on a local outing
- help in finding important support services.

What training do volunteers receive?
All volunteers are fully trained and vetted. They can provide confidential support on a one-to-one basis or within a group setting. They are not counsellors but have been trained in listening skills.

For more information, please call 020 8475 8080, email l.colclough@stjh.org.uk or fax 020 8475 8081.